



Tahoe
Safe
Alliance
Stopping Abuse for EVERYONE

COMMUNITY IMPACT REPORT

Our mission is to end the incidence and trauma of domestic/intimate partner violence, sexual violence, and child abuse in North Lake Tahoe and Truckee

Domestic Violence Awareness Month

October is Domestic Violence Awareness Month. This year, we are joining the national campaign of "#1thing". The idea is that the #1thing that will end Domestic Violence is our collective impact. And while one person's actions may seem insignificant, together a communities' collective "#1Thing" can lead to real social transformation.

In support of this national message, Tahoe SAFE Alliance will be promoting #healthyrelationshipsforall around North Lake Tahoe and Truckee. This includes the creation and distribution of coffee sleeves that can be found at your favorite local coffee joint, as well as weekly messages on social media designed to inspire conversation and healing.

Sharing our stories can have a ripple effect and inspire others to action. Whether it is seeking help, starting a support group, or getting involved through volunteerism or donations, there are many ways to be engaged. During the month of October and beyond, there are so many ways to support survivors as well as the work that we do at Tahoe SAFE Alliance. To learn more visit www.tahoosafealliance.org.

October is Domestic Violence Awareness Month

Join the North Tahoe/ Truckee
Community in supporting
Healthy Relationships for All!



Healthy relationships for all. Relaciones saludables para todos

Ways to Get Involved:

- Join our Social Media Campaign #HealthyRelationshipsforAll
- Become more informed
- Support Healthy Relationships in your Family and Community
- Volunteer
- Donate

Visit <http://www.tahoosafealliance.org/>

Tahoe Safe Alliance
Stopping Abuse for EVERYONE
916-736-8866
www.tahoosafealliance.org

#HealthyRelationshipsforAll

October 2018

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EMPLOYEE SPOTLIGHT



Chloe Morfett, Community Education & Prevention Coordinator

"Having grown-up in the Truckee-Tahoe area, I remember when Tahoe SAFE Alliance (formerly Tahoe Women's Services) would come to my school and present on bullying, anger management, healthy relationships, etc. Although it didn't feel like it at the time, those presentations made a huge impact on my life by providing me with information and tools to identify an abusive relationship. Knowing that I act to continue this legacy of education in

**Tahoe Chocolate & Wine Festival November 2nd
Milestone Event Celebrates Survivors and A Lifetime of Change**

Please join us on Friday, November 2nd for the 30th Annual Tahoe Chocolate & Wine Festival. This year's milestone event will celebrate survivors who shine brilliantly and programs and services that continue to spark real change.



For 30 years, the Tahoe Chocolate & Wine Festival has raised important funding for survivors of domestic violence, sexual violence and child abuse in our community. Sample delectable chocolate creations by Tahoe's finest chefs, boutique wine hand picked from acclaimed California wine regions, hearty appetizers and dazzling items in a silent and live auction.

The Tahoe Chocolate & Wine Festival will be held in the Lakeside Ballroom at Hyatt Regency Lake Tahoe from 6:00-10:00 pm. Tickets are \$125 in advance and \$150 at door. Limited VIP tables available. For more information or to purchase tickets: www.tahoechocolatefestival.org.

Summer Therapeutic Outings Build Resiliency in Local Children

During the month of August, the Children's Program held two therapeutic outings for children who are actively engaged in the program. The first outing was in collaboration with Tahoe Mountain Bike Girls at Alder Creek Adventure Center. Mountain bikes and equipment were provided and was led by two instructors. Three girls from the Children's Program were able to participate.



The fifteen-year-old knew the basic skills to riding a bicycle; the other two twelve-year-old girls had not ridden a bicycle without training wheels. The two instructors provided the girls new skills that will provide them with opportunities to make decisions and solve problems and consequently improve their confidence. After being exposed to their first bike trail, they experienced the effect of exercise and the enjoyment that riding a bicycle can bring.

The benefits of regular cycling include reduced feelings of anxiety, depression and decreased stress levels. The girls were very happy to have taken part in the outing and to gain new skills; because they all had a positive and fun experience they would now like to spend the rest of the summer outdoors riding bicycles.

The second outing was a kayak adventure for six children that was facilitated by the Children's Program Therapist Intern and an Advocate. The children were able to gain the skills necessary to successfully kayak. All the children encouraged each other throughout the trip and were able to communicate their needs. The children participated in the group activity and expressed a willingness to continue exploring the outdoors. The adventure increased physical activity and resilience while decreasing stress and anxiety.

One Toyota Donates Brand New Toyota Sienna to Children's Program

Tahoe SAFE Alliance is a recent recipient of a brand new Toyota Sienna generously donated by One Toyota of Oakland. The vehicle will be used in the Children's Program in California to include the safe accompaniment for families as well as children participating in therapeutic outings.



Knowing that I get to continue this legacy of education in a place I love so much fills me with an overwhelming sense of happiness. I believe that every single person deserves to live their life free of violence, abuse, and trauma; I couldn't have asked for a better way to turn this belief into a lived reality than by starting in the community I grew up in!"



Jessica Haller, Financial & Administrative Assistant

"I grew up in Southern California in a family of seven and have always loved working and sharing positive experiences with others. I studied Child Development and have a Masters Degree in Adult Leadership. I joined Tahoe SAFE Alliance in May 2018, and am extremely excited to join an organization that not only provides much needed services for a very stigmatized group of people, but also actively seeks to spread awareness, promote healthy relationships and end violence. My passion for working with Tahoe SAFE Alliance is consistently fueled by the work of our staff and the impact we are making within the community. I look forward to my continued journey with Tahoe SAFE Alliance and urge others to get involved!"



Enrique Carmona, Sexual Assault Outreach Coordinator

"One of the things that drew me to Tahoe SAFE Alliance a year and a half ago was their mission statement. It was so powerful to me and I knew then and there that I wanted to be involved in their work. Coming in as a male in a mostly female-dominated field felt a little intimidating at first, but the kind nature, acceptance, and appreciation that I received from all the staff in the agency helped me to quickly feel at ease; I quickly came to the realization that this is where I needed to be. I can honestly say that being part of this wonderful team of selfless individuals is why I am proud to talk about what we do. I have not only found a wonderful working environment within the Tahoe SAFE Alliance agency, I feel that I have found a family that I respect and can be proud to walk beside them."

Check us out on:

Toyota of Oakland proudly serves drivers in the Bay Area and beyond with a large selection of new and used Toyota vehicles and other used cars from some of today's top auto manufacturers.

One Toyota's unique "One Price, One Person" concept offers every customer the best possible price on the vehicle they're interested in (new or used) right from the start-no haggling multiple hours for it. "One Person" means customers only deal with one person from start to finish, making the car buying process more pleasant and efficient.

For added convenience, One Toyota team members will go the extra mile and offer personal delivery services for those who would rather complete their transaction and take delivery at home-whenever that may be. Visit onetoyota.com today and see why One Toyota of Oakland is among the most highly regarded Toyota dealers in the nation.



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Volunteer Opportunities

Tahoe Chocolate & Wine Festival

Come out and support Tahoe SAFE Alliance's signature fundraiser! We have numerous volunteer opportunities including set up and helping out with festivities.

WE  LOVE
OUR VOLUNTEERS

Winter Appeal Mailing

We will need 2-3 office volunteers November 15 and 16 to help with a 2,000 piece mailing which includes affixing address labels and stuffing envelopes. This is the agency's annual year end fundraising appeal.

Survivor Welcome Kits

We are in need of 1 individual to help stuff backpacks that will include sheets, toiletries and other basic necessities for individuals in crisis that are entering the safe house or safe hotel nights. To be performed at the Incline Village office date TBD.

For more information about these or other volunteer opportunities please email dawnh@tahoesafealliance.org or call 775-298-0169.

Interested in Volunteering? [Contact Dawn Harris by sending her an email here!](#)