

Crisis Intervention Training – SPRING 2012

Please note that the first six sessions (*) are mandatory. These classes are “core” classes that build background knowledge necessary for the remainder of the course. If you cannot attend these sessions, we cannot enroll you in the course.

Week 1

***Session 1—Tuesday, April 17, 6-9pm**

Orientation

Ice Breaker and Ground Rules

Welcome by Executive Director and Board of Directors President

Overview of TWS

Paperwork—handbook, CIT binder, syllabus etc...

Self-Disclosure, Grounding

Debrief

Session 2—Thursday, April 19, 6-9pm, *Prevention Staff

Introduction to Domestic Violence

History of Domestic Violence

DV Movement and Advocacy

Debrief

Session 3. Saturday, April 21, 9-4pm, *Prevention Staff

Gender Roles in Society/Attitudes Towards Violence

Rape Culture

Overview of Domestic Violence

The Cycle of Violence

Types of Domestic Violence

Impact of Domestic Violence on the Individual and Community

In Her Shoes

The Connection with Animal Abuse

In Her Shoes

Debrief

Week 2

Session 4. Tuesday, April 24, 6-9pm, *Daela Gibson

Crisis Intervention

Principle and Techniques

Needs/Safety Assessment and Survivor Options

Crisis Intervention with Significant Others

Continuing Support and Self-Care

Debrief

***Session 5. Thursday, April 26, 6-9pm, Daela Gibson**

Crisis Intervention continued
Suicide Intervention
Role Plays

***Session 6. Saturday, April 28, 9-4pm, Prevention Program**

Overview of Sexual Assault
 Introduction and History of Sexual Assault
 Type and Definitions of Sexual Assault
 Trauma of Sexual Assault and Long Range Effects
Teen Sexual Abuse
 Development Considerations
 Teen Culture and Risk Factors (including date rape drugs)
 Counseling Issues/Concerns
 Juvenile Sex Trade Concerns
Cyber Risks
Stalking
Debrief

Week 3

Session 7. Tuesday, May 1, 6-9pm

Disabilities & DV/SA
Elder Abuse

Session 8. Thursday, May 3, 6-9pm, Children's Program

Child Sexual Abuse
 Definitions/Characteristics
 Effects of Sexual Abuse on Children
Video "Searching for Angela Shelton"
Debrief

Week 4

Session 9. Tuesday, May 8, 6-9pm, Northern Nevada Coalition Against Sexual Assault

Rights of survivors/victims of sexual assault
Legal and medical procedures during a SART

Session 10. Thursday, May 10, 6-9pm, Hayley

Bystander intervention
Human trafficking

Session 11. Saturday, May 12, 9-4pm, Children's Program

Child Abuse
 Effect of batterer's behavior on children
Role Plays
Sin By Silence video

Week 5

Session 12. Tuesday, May 15, 6-9pm, *Prevention Program, Advocate*

- Ground Rules
- Cultural Proficiency continued...
 - Advocates Story
 - Tailoring Services to Individual Needs
 - Issues of Privilege
 - Immigration
 - VAWA
 - Same Sex DV/SA
 - "My Girlfriend Did It..."
 - Exercise of Privilege
- Debrief

Session 13. Thursday, May 17, 6-9pm, *Author: Paul Kivel*

- Cultural Proficiency*
- Raising Boys to be Men*

Week 6

Session 14. Tuesday, May 22, 6-9pm, *Sierra Family Services*

- Substance Abuse
 - Types of drugs and their effects on DV/SA
- Mental Health
 - Types and Definitions
 - Mental health and SA/DV

Session 15. Thursday, May 24, 6-9pm, *Deputy District Attorney of Placer County, Chris Cattran: Deputy District Attorney of Washoe County, Bruce Hahn*

- Laws for DV and SA in CA and NV
- Rights of Survivors/Victims
- Criminal Justice Processes
- Role of advocate
- Response to subpoena
- Civil
 - Civil/Family Law
 - Child Custody and visitation
 - Parental kidnapping
 - Good cause
 - Mediation
 - Restraining orders
 - Marriage/domestic partnership and dissolution
- "Sin By Silence" (video)

Week 7

Session 16. Tuesday, May 29, 6-9pm, Town of Truckee Law Enforcement, Placer County Sheriff's Department; Washoe County Sheriff's Office

Law Enforcement

Local law enforcement procedures

Law enforcement investigation

Law enforcement services

Info and referrals

Emergency Protective Orders

Investigation Procedures

Confidentiality

Role of Advocate in the legal process

Agency policies and procedures

Session 17. Thursday, May 31, 6-9pm, Safehouse, Immigration Advocate, Grants and Fundraising

Referrals and Resources

Health Care resources

Housing

Public Assistance

Financial

Personal Finance/Budgeting

Mandatory Documents

Role Plays using the Referral Guide

Week 8

Session 18. Tuesday, June 5, 6-9pm, Hayley

Compassion Fatigue

Secondary Survivors

Vicarious Trauma

Taking care of yourself to take care of your client

Quiz review

Session 19. Thursday, June 7, 6-8pm, Hayley

Quiz

Role Plays

What now?

Graduation