

FEBRUARY IS Teen Dating Violence

Awareness &
Prevention

MONTH

Tahoe
Safe
Alliance
Stopping Abuse for EVERYONE

COMMUNITY IMPACT REPORT

Our mission is to end the incidence and trauma of domestic/intimate partner violence, sexual violence, and child abuse in North Lake Tahoe and Truckee

Greetings!

I hope you are enjoying this incredible winter so far. In life there are certainties and uncertainties. Like, it seems pretty certain that the New England Patriots will continue winning Super Bowls based on their 5th Super Bowl victory on Sunday. **One thing that remains uncertain is the future of our funding. As the Federal Government gears up to create a budget, it is very possible that Violence Against Women Act (VAWA) funding will be cut entirely.**

VAWA was passed with bipartisan support to improve the law enforcement response to violence against women and create specialized victim services. **VAWA has been incredibly effective in saving lives and money. Any cuts in funding would be devastating for families in our region and nation-wide.** We would potentially lose specialized nurses who work with victims of sexual assault, transitional housing programs that provide housing support to families fleeing violence, critical legal services and funding for law enforcement to name a few areas.

If you believe that continuing VAWA funding is important, you can help! Please call your Members of Congress and implore them to not cut VAWA funding from the budget. Please follow the link to the National Network to End Domestic Violence to look-up your representative and send them a message. [Click here.](#)

With respect,

Paul Bancroft MA
Executive Director

Keep Your Teens Safe in Dating Relationships

Repost from Shalanda Meten, Ed.D, Dating Expert

Did you know that dating violence is a prevalent social issue impacting teens?

According to [Love is Respect:](#)

• Nearly 1.5 million high school students nationwide exper

February 2017

Featured Articles:

[Teen Dating Violence Awareness](#)

[Father Daughter Dance Feb. 10](#)

[Helping Seth Thanks to Your Support!](#)

[Volunteer Opportunities](#)



[Donate here](#)

Your \$25.00 donation at work!

A donation of just \$25.00 helps fund Teen Dating Violence presentations at local high schools.

We are responsible stewards of your donations.
Currently, .82 cents of every dollar supports direct programs.

Community Spotlight

- Nearly 1.5 million high school students nationwide experience physical abuse from a dating partner in a single year
- Only 33% of teens who were in a violent relationship ever told anyone about the abuse
- Eighty-one percent of parents believe teen dating violence is not an issue or admit they don't know if it's an issue



Given these alarming statistics, parents are encouraged to establish a safety plan before violence occurs, the same way you explained how to respond to a potential fire-Stop, Drop and Roll.

Using this same framework, consider sitting down with your teen(s) before they begin dating to discuss the differences between a healthy versus unhealthy relationship. Keep in mind teens often misinterpret controlling behavior as love, and may not notice these glaring red flags about their partner:

1. Makes Unsupported Accusations
2. Constantly Says Mean and Hurtful Statements
3. Displays Extreme Jealousy and Possessiveness
4. Excessively Calls, Emails and Texts
5. Isolates from Friends and Family
6. Discourages Participation in Extracurricular Activities
7. Lacks Respect for Boundaries
8. Checks and Monitors Cell Phone and Computer Activity
9. Perpetrates Violence Towards Others and Objects
10. Says " I Love You" Quickly

Be sure to review these warning signs with your teens, and then follow these five steps to create a personalized safety plan. To follow Dr. Moten's 5 Step Safety Plan click here.

Father Daughter Dance February 10th

Last chance to grab a ticket to Lake Tahoe's favorite event. Grab your little sweetie, brush off your dancing shoes, and get ready to make memories that will last a lifetime!



Tickets: www.tahoosafealliance.org (775) 298-0010

Guests will enjoy dancing and music, cake and snacks, and activity booths for girls of all ages including crafts, picture frame decorating, a princess castle, and more. Guests will have an opportunity to purchase a keepsake photo from Danielle Hankinson Photography, www.daniellehankinson.com, and a souvenir photo flipbook from Action Flipbooks, www.actionflipbooks.com.

Tickets are \$30 and \$5 for each additional child. [Tickets available online here](#) until noon Friday, February 10th. Tickets will be \$40 at the door.

**Helping Seth, 15, Navigate Healthy Relationships
Thanks to Your Support!**



One Billion Rising - Flash Mob! February 14, 2017

The North Lake Tahoe and Truckee community will join together on Tuesday, February 14th at 3:30 pm at the Truckee Train Station to rise and dance in support of exploited women and children everywhere.

Women, men and children are encouraged to come out and show their support - even if you don't like to dance it's a great way to be part of the [One Billion Rising](#) movement.

[Tahoe University](#) will host a gathering immediately following the dance for conversation and light refreshments. Check out the Facebook page to learn the dance or more information:
<https://www.facebook.com/onebilliontruckeeatahove/>

Ski Days Fundraiser



Vail and Northstar, through an Epic Promise grant, have donated to Tahoe SAFE Alliance lift tickets to benefit child survivors of abuse. Tickets are valid at any domestic Vail operated resort including Northstar, Heavenly, Kirkwood, Vail, Breckenridge, Park City, Beaver Creek and more. These tickets have NO restrictions or blackout dates.

Ski for healthy families!
[Info or tix click here.](#)

Check us out on:



[Facebook](#)
[Twitter](#)
[Instagram](#)

Seth was referred to Tahoe SAFE Alliance through a school counselor who was concerned about his performance in school and his relationship with his long-time friend, Sara. Seth started missing homework assignments and appeared moody and easily irritated. When the counselor delved further, Seth revealed that Sara, a friend since junior high who he recently began dating, was exhibiting controlling behavior and acting erratic. She was constantly texting and wanting to know who he was with at all times. She didn't want him hanging out with certain friends, and he was feeling frustrated about having to sneak behind her back to do things.



The counselor connected Seth to Tahoe SAFE Alliance who enrolled him in their Youth Empowerment Group where it would be a safe place to talk about things going on in his life. After only a few weeks, Seth and the other students in the group started opening up about all kinds of things including jealousy, dating and expectations, control and power, love and respect, and how to set boundaries.

Seth commented, "This group has given me a lot of insight and Tahoe SAFE Alliance has helped me to begin talking about these things with Sara. They have given me tools and now I am more confident and feel in better control of my feelings towards Sara."

In a recent poll, 83% of Incline and Truckee High School students knew someone that had been in a unhealthy relationship. **Thanks to the support of volunteers and donors we are able provide violence prevention education to local school children to help end violence in our communities.**

Last year, Tahoe SAFE Alliance provided 312 community and prevention education presentations to 4,795 individuals.

Thank you donors!

Linda Brinkley & Ron Randolph Wall
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 Miller Family Trust
 Bryan & Courtenay Wallpe
 Dennis Walsh
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 David and June Joseph

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Volunteer Opportunities

Spring 2017 Crisis Intervention Training

March 7th- April 27th
 Every Tuesday and Thursday from 5:30pm-8:30pm and Saturdays on March 11th, March 18th, and April 8th from 9am-4pm .

The training will be located in the Meiling Room and Trepp Room of the Parasol Tahoe Community Foundation (Reynolds Building) in Incline Village, NV.

Training is required for all new volunteers who are interested in volunteering in client-based programs.

Please contact andrea@tahoesafealliance.org for more information. Deadline to sign-up is February 28th.

[Spring 2017 Crisis Intervention Training- Flyer](#)

Ongoing:

[Helpline Crisis Counselors](#)

[Youth Empowerment Group Co-Facilitator](#)

[Ski Day Volunteer](#)

Interested in Volunteering? [Contact Andrea Chapman by sending her an email here!](#)