



COMMUNITY IMPACT REPORT

Our mission is to end the incidence and trauma of domestic/intimate partner violence, sexual violence, and child abuse in North Lake Tahoe and Truckee

Greetings!

On May 3rd over 200 Domestic Violence advocates and other leaders descended upon the state capital in Sacramento prepared to meet with their elected officials. Their message was simple: "maintain funding for Domestic Violence programs and support a couple of proposed bills that would help victims and survivors".

Our Children's Program Manager, Penny Morris, and I participated in the annual Policy Advocacy Day organized by the [California Partnership to End Domestic Violence](#).

This event is meant to give people in the Domestic Violence movement the opportunity to meet with the elected officials of their region and provide education on issues faced by victims and survivors. We shared statistics, like during one day in California, over 5,500 adults and children received services at Domestic Violence organizations, but over 1,000 requests went unmet as result of overcrowding in shelters and underfunded programs.



There was a sense of urgency felt this year by all as some budget proposals out of D.C. have included massive cuts to Domestic Violence funding. Our goal was to challenge our representatives to stand up for our funding by building bipartisan coalitions that fight for the life saving funding we receive. We are hopeful that our efforts are successful, our advocacy impactful and our representatives are accountable.

With respect,

Paul Bancroft MA
Executive Director

Long-Time Passionate Supporters Raises \$60,000 for Tahoe SAFE Alliance

June 2017

Featured Articles:

[Supporter Raises \\$60,000!](#)

[Ski Day Builds Life Skills for Children](#)

[SMART Healing for Trauma](#)

[Volunteer Opportunities](#)



[Donate here](#)

Your \$25.00 donation at work!

A donation of just \$25.00 helps support a survivor of sexual assault.

We are responsible stewards of your donations. Currently, .82 cents of every dollar supports direct programs.

COMMUNITY SPOTLIGHT

Larry Boerner and Tahoe Gal

Long-time supporters Dina Marshall and Jay Margulies hosted the annual Sunset Dinner Cruise on the Tahoe Gal June 1st. In collaboration with Tahoe SAFE Alliance Board of Directors and staff, they hosted more than 50 community members who came together to raise money for under-funded programs for the Fiscal Year that ends June 30th.



Dina commented, "People who know me recognize that I'm passionate about my mountain and lake community and the many non-profits that make up the safety net. When friends ask, 'Why Tahoe SAFE Alliance?' I like to use the analogy of the little Dutch boy who stuck his finger in the dyke to save Holland from flood. While this story depicts the ultimate self-sacrifice, it is also an illustration that temporarily patching the hole doesn't solve the bigger problem.

Tahoe SAFE Alliance is an agency with programming rooted in promoting healthy relationships. They recognize that if we are truly to end violence it begins with youth and education. Thus they are not just putting on a "patch" by offering services, but educating the next generation and creating a foundation to prevent future violence."

Thanks Dina and Jay and everyone that came out in support of Tahoe SAFE Alliance.



On June 1st, the historic Tahoe Gal played host to more than 60 community members that came together to raise money for under funded programs. Since 2010, proprietor Larry Boerner has donated 'the gal' to Tahoe SAFE Alliance and has been instrumental in helping the agency raise more than a half a million dollars for under funded programs, to launch a Transitional Housing Program, and to build a cash flow reserve fund.

Show your support for Captain Larry! With our lake level above the natural rim now's the time to book an Emerald Bay paddleboat tour this summer!

<https://tahoegal.com/>

THANK YOU!



Special thanks to the students at [Sierra Nevada College](#) for designating our agency as the recipient of their annual Casino Night. They donated \$1,285.00 to support the mission of Tahoe SAFE Alliance!

Special thanks to the student union at [Lake Tahoe School](#) for designating our agency as the beneficiary of their annual Garage Sale fundraiser! They raised over \$2,000!

[Beauty for Butterflies](#) donated fabulous gift bags to mom's in our safe house and Transitional Housing Program.

Every year, they donate and help make Mother's Day extra special for our moms!

Congratulations to the 8 graduates of the Tahoe SAFE Alliance Crisis

Ski Day at Northstar Builds Life Skills for Children in Our Community

Our 2nd Annual Northstar Ski Day in April was a big success. We had four children from three families attend. **We were all incredibly impressed with the professionalism, patience, and overall fun atmosphere by the Northstar staff who helped organize the day and provide all-day lessons, rentals, tickets, and a lunch. This was made possible through a [Vail Epic Promise Grant](#).**



Staff on the Northstar Gondola

In discussions throughout the day about how skiing can help be a positive coping skill, one of the girls commented that she likes skiing because it is "calming." Another child verbally acknowledged his fears of skiing/snowboarding and especially riding the chair lift. We were impressed that he was able to talk through his fears and name the coping skills he used to keep trying and ride the chair lift several times in the afternoon! We all celebrated with him and, on the bus ride home, he commented how positive self-talk ("I can do this!"), saying his feelings out loud, and having others encourage him had helped him to work through his fears.

"The day was so much more than just skiing for these kiddos - it was a full experience of positive social skills development with peers, learning to trust safe adults, challenging comfort zones, working through fears, learning to self-soothe and calm the mind, and enjoying a day of just being a kid. These are life-long skills, especially for children who have lived through violence or other trauma and may have continued heightened stress levels. It was really an incredible experience to witness," observed Amye Cole, Marriage & Family Therapy Intern and Ski Day chaperone.

SMART Healing for Community Members Experiencing Trauma

Tahoe SAFE Alliance had the privilege to host a [SMART Training](#) for community members who have experienced abuse and Tahoe SAFE Alliance staff

who serve them.



SMART stands for Stress Management and Rehabilitation Training, and was originally developed for inmates incarcerated in prisons around the world as a tool for stress management and self-discipline. Lead by instructors Gabrielle Savelli and Jenna Granger, the SMART course was adapted using techniques from both the Prison SMART program and the Art of Living.



SMART course attendees

During the SMART course instructors taught the participants how to calm their minds and breathe using the Sudarshan Kriya®. **Over a three-day period participants were able to truly embrace the beauty of breathing and mindfulness techniques to become fully focused on our mind, body and soul.**

The community members participating in the course had profound experiences. Many said the breathing and the course helped them feel calmer and more at peace with themselves and their lives, as well as not to feel so alone. **Community members said that the course would help them in their daily lives through stress-relief, clarity in thinking, and anger-management.** One member, who had complained of chronic migraines, said they were diminished. Another member said she was able to sleep peacefully at night. Furthermore, a seasoned staff member who participated said:

"I found a sense of grounding and improved relationships with co-workers and a re-connection with compassion because working all day with victims of abuse can start to numb you without even knowing. Grounding is a really good feeling. Breathing again is so cleansing."

This training was made possible by a grant from the [Lahontan Community Foundation Fund](#) held at the [Parasol Tahoe Community Foundation](#).

Volunteer Opportunities

We will be hosting our **NO MORE** campaign booth at multiple outreach events this year in your community. See below of where you can find us this summer and opportunities for you to join our outreach team!



What is NO MORE?

NO MORE is a new symbol, like the pink breast cancer ribbon and the yellow support our troops ribbon, that is bringing together all people, organizations and communities that support ending domestic violence and sexual assault in our society. The signature blue vanishing point originated from the concept of a zero - as in zero incidences of domestic violence and sexual assault. The smaller, inner circle of the vanishing point symbolizes moving toward our end goal when "Together we can end domestic violence and sexual assault."

Upcoming Community Outreach Events:

SELS 4th Annual Great Skate @ Northstar - Friday, June 2nd 4pm-9pm

Truckee-Thursdays in Downtown Truckee, CA

June 22nd, 4pm-8:30pm

July 13th, 4pm-8:30pm

August 3rd, 4pm-8:30pm

Northern Nevada Pride Fest in Downtown Reno, NV- Saturday, July 22nd 12pm-6pm

*Looking for volunteers to join our outreach team for this event

of the **SAFE Alliance Crisis Intervention Training (CIT)**. These bright men and women are now better equipped to work with community members in crisis! We look forward to supporting these community members in their new role as volunteers. For information on the training in the fall:

[Visit our website](#)

Sponsorship Opportunity!

Tahoe Chocolate & Wine Festival

November 4, 2017

[Download Form Here](#)

[Donate An Item to the Auction!](#)

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In Honor of Karen Carey's Leadership and Vision

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Community Outreach Volunteers - Searching for energetic and social individuals to join our community outreach team for Summer 2017. Events will take place throughout the North Lake Tahoe and Truckee regions. Volunteer job duties include hosting information tables at community events with staff members to engage people with our mission and sharing opportunities that promote healthy relationships. For more information please contact andrea@tahoesafealliance.org

New Volunteer Opportunities:

Safe House Program - [Landscape Maintenance Volunteer](#)

Ongoing:

[Helpline Crisis Counselors](#)

[Youth Empowerment Group Co-Facilitator](#)

Interested in Volunteering? [Contact Andrea Chapman by sending her an email here!](#)