

Volunteers are Critical

In 1982, Tahoe SAFE Alliance formerly Tahoe Women's Services was founded by a small group of dedicated volunteers who believed that no one should suffer from abuse. Their spirit and commitment is the foundation behind the services that we provide to victims of domestic violence, sexual assault, and child abuse. It is this selfless, caring, humanitarian attitude which truly makes a difference in our community.

Over the years, Tahoe SAFE Alliance has grown and now employs a dedicated group of full and part time staff. Office locations have expanded and the programs we offer have multiplied. Our capacity is still not sufficient to provide all the necessary services that our community so desperately needs. Stopping violence and educating the community is critical and we need our volunteer staff to help us meet these goals.

It takes a community to make a difference and through our volunteers we are able to reach a

broader sector of the community. A volunteer not only donates their time, but also their voice, ideas, enthusiasm and heart. Our volunteers preserve the spirit on which Tahoe SAFE Alliance was founded. Their commitment, passion, and motivation are greatly cherished.

In the spirit of appreciating our volunteers, we would like to name our volunteers of the year. Congratulations to all of you and thank you for all of your contributions.

- Client Services - **Becca Noble**
- Outreach - **Pam and Mike Lee**
- Fundraising - **Dina Marshal**
- Crisis Intervention - **Michael Collins**

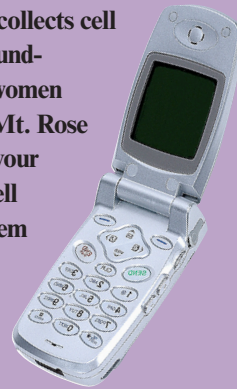
-By August Kvam,
Volunteer

Crisis Intervention Services Tahoe SAFE Alliance

**P.O. Box 1232
Kings Beach, CA 96143**

*We need your
old cell phones!*

Tahoe SAFE Alliance collects cell phones as an ongoing fund-raising project for the women and children's shelter: Mt. Rose Safe House. If you or your business have unused cell phones, please bring them to any of Tahoe SAFE Alliance offices or drop them off at one of the following locations:



New Moon Natural Foods
505 W Lake Blvd,
Tahoe City
Plumpjack Sport
1995 Squaw Valley Rd.
Ste 14
Olympic Valley
IVGID Recreation Center
980 Incline Way,
Incline Village
IVGID Waste Not
1220 Sweetwater Road,
Incline Village
New Moon Natural Foods
11357 Donner Pass Road,

Truckee
Wild Cherries Coffee House
11429 Donner Pass Road,
Truckee
Mountain Hardware & Sports
11320 Donner Pass Road,
Truckee
Java Hut
8268 North Lake Blvd ,
Kings Beach
North Shore Ace Hardware
200 Secline,
Kings Beach

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Permit No. 4**



OUR MISSION:

Tahoe SAFE Alliance is committed to reducing the incidence and trauma of domestic violence, sexual assault and child abuse in North Lake Tahoe and Truckee

24-hour Help Line - 800-736-1060

www.tahoesealliance.org

Fall 2011

October is Domestic Violence Awareness Month.

Are You in an Abusive Relationship?

October is Domestic Violence Awareness month. Tahoe SAFE Alliance supports the right of all individuals to live in peace and dignity and to honor everyone's right to feel valued, respected, and safe. It is the goal and mandate of Tahoe SAFE Alliance to promote and extend these rights every day of every month of every year....

This last year Tahoe SAFE Alliance provided services to 475 domestic violence victims. Nine women and 14 children were sheltered in our safe house while 36 other individuals were provided with emergency housing

and rental assistance. We served a total of 780 clients this past year and we received 508 Help Line calls.

If you are unsure whether you may be in an abusive relationship, please answer these questions.

- Does your Partner:
- Call you names?
 - Yell and swear at you?
 - Put you down in front of others?
 - Tell you that you are no good?
 - Act very jealous and possessive?
 - Control your finances or make you ask for money?
 - Try to control who you see and what

- you do?
- Criticize what you wear, what you say, and how you act?
 - Blame you for their violent actions?
 - Destroy your belongings or hurt your pets?
 - Push, hit, kick, punch, or slap you?
 - Force you to have sex?

If you have answered yes to any of these questions, you may be in an abusive relationship. Call Tahoe SAFE Alliance at (800) 736 1060 and get help. Our staff will provide you with information and options that can help you.

Upcoming Events

October 6th Calling All Men,Young and Old

Paul Kivel of *Boys Will Be Men* is coming to Incline Village at Parasoll! He will present at the following two sessions:

- 9:00 – 2:00pm – *Boys Working with Men & Engaging Male Allies to Stop Violence & Build Community*
- 6:00 – 8:00pm – *Boys Will Be Men: Raising Our Sons for Courage, Caring, and Community.*

Tahoe City Rotary's 29th Annual Dinner and Auction at the Resort at Squaw Creek is October 15th.....

this event will support both Tahoe SAFE Alliance and North Tahoe Family Resource Center by helping fund our services in Tahoe City and the West Shore. For tickets call 530-546-7231.

November 5th - Annual Chocolate, Wine & Roses Festival.....

Tahoe SAFE Alliance and Project MANA will be collaborating for the third year in a row. Don't miss this chocolate and wine extravaganza on Saturday November 5th at the Chateau, Incline Village. Purchase tickets early at \$65, after October 1st they will be \$75. The Chocolate, Wine & Roses Festival has its own website now: tahoechoocolatefestival.org

Resource Center

Who do I call? Where do I go?

TAHOE SAFE ALLIANCE KINGS BEACH
8321 Steelhead Avenue, Kings Beach
530-546-7804

TAHOE SAFE ALLIANCE TAHOE CITY
740 Timberland Lane, Tahoe City
530-583-8452

TAHOE SAFE ALLIANCE INCLINE VILLAGE
948 Incline Way
775-298-0010

TAHOE SAFE ALLIANCE TRUCKEE
12257 Business Park Dr. Suite 6
530-582-9117

e-mail:
safe@tahoesealliance.org

website:
www.tahoesealliance.org

HOTLINES
Tahoe SAFE Alliance
800-736-1060
Sheriff
911

Suicide Prevention
877-885-4673

COUNTY SHERIFFS
Washoe - 775-832-4110
Placer - 530-581-6305
Nevada - 530-582-7838
Douglas - 775-586-7250
El Dorado - 530-573-3300

Community Support Groups

WOMEN'S ART
EMPOWERMENT GROUP
Tahoe SAFE Alliance Women's
Support Group in English and
Spanish
800-736-1060

KIDS TIME
530-546-7804

ALCOHOLICS ANONYMOUS
530-546-1126

AL-ANON
775-348-7103

CODEPENDENTS ANONYMOUS
530-386-5467

SURVIVORS OF SUICIDE
800-992-5757

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Domestic Violence and Children

**“When my dad hits my mom, I’m there to protect my little brother but no one is there to protect me.”
—4-year-old boy**

Unless you are directly affected by domestic violence or work in social services, you probably don’t think about family violence very often. October is a time to remember survivors of domestic violence and recognize that it is a real issue in our community. Not only does domestic violence affect adults, but it also affects children. Last year the Children’s Program at Tahoe SAFE Alliance served 129 children. Of those children, a majority had witnessed domestic violence.

We have heard horrific stories from the mouths of children in our community. The stories that our child clients tell us are heart breaking. Children are hiding in the bathroom while mom and dad fight, watching a parent strangle another one on the bed, dodging a flying cell phone aimed for mom, watching a parent cut the phone lines so no one can call the police, and listening to endless yelling and name calling.

The effects of family violence on a child can be extremely damaging. Children may have emotional disturbances, poor social boundaries, do poorly in school, and lack healthy self-esteem. Children who witness domestic violence often grow up to become a batterer or a victim in adulthood. The cycle of violence continues as each generation learns violence as a way of communicating with loved ones.

The only way to end the cycle of violence is through intervention. Domestic violence is not a private family matter; it affects this whole community. Please contact Tahoe SAFE Alliance at 800-736-1060 if you or someone you know is experiencing domestic violence.

—By Jessica Linn
Children’s Program Manager

Every 9 seconds a woman is abused.
Tahoe SAFE Alliance will be kicking off a New Membership program on November 1, 2011!

A Safe Haven for Women and their Children

**“I feel I have options now!” “I can see clearly, (with different eyes)”
—by a Safe House Client**

Tahoe SAFE Alliance currently operates a *Safe House* which is a temporary 60 day refuge for women and their children who are victims of domestic violence. The goal is to provide a safe environment, while residents begin to develop a future plan of action. 60 days is enough time for our shelter to provide immediate assistance, however, a sustainable network of support and resources must be developed to transition to a life safe from abuse, and this takes more time.

Without access to housing options, women fleeing from abusive relationships are often forced to live in substandard conditions or return to their batterers. While many battered women need only short-term, emergency shelter, others face numerous barriers to achieving independence free from the abuse and require long-term housing assistance and a variety of support services.

Due to the help of passionate supporters Tahoe Safe Alliance raised \$50,000 on June 3, 2011 on board the Tahoe Gal to launch

a brand new Transitional Housing Program as of July 2011 that will provide women with a safe environment, programs and services that promote self-sufficiency and independence.

The Transitional Housing Program provides housing and rental assistance for at least 10 months to women and families after they move out of our emergency shelter. Along with rental assistance, the transitional housing program will provide ongoing case management and advocacy, helping participants navigate the complex social service system on their journey toward self-sufficiency and economic stability.

The mission of Tahoe SAFE Alliance is to provide a foundation of hope for a life free from family violence. This program will provide important building blocks many women and their children need on their road to safety, recovery and stability.

—By Liz Soto
Safe House Manager

Calling All Men...Young and Old

Tahoe SAFE Alliance, with sponsorship from the Nevada Network Against Domestic Violence, is proud to host two workshops with **Paul Kivel**, Social Justice Educator, Activist and Author. Paul Kivel has been an innovative leader in violence prevention for more than 27 years. He is an accomplished trainer and speaker on men’s issues, racism and diversity, challenges of youth, teen dating and family violence, raising boys to manhood, and the impact of class and power on daily life.

The first workshop, titled **Working With Men and Engaging Male Allies to Stop Violence and Build Community**, will be held on **Thursday, October 6, 2011** from 9:00am to 3:00pm at the D.W. Reynolds Building, 948 Incline Way, Incline Village, NV. This will be an interactive training for men and anyone who works with men and young men. This one-day workshop will cover male socialization, social issues of power and violence, anger and control, and male/male and male/female relationships. The cost is \$30, which includes beverages and lunch.

—By Trisha Baird,
Prevention Program Manager

The second workshop, titled **Boys Will Be Men: Raising Our Sons for Courage, Caring and Community**, will be held on **Thursday, October 6, 2011** from 6:00pm to 8:00pm at the D.W. Reynolds Building, 948 Incline Way, Incline Village, NV. This session will examine male socialization, the social roots of violence and the role of male privilege in boys’ lives. Exercises and group discussion will provide practical skills for parents, teachers, youth workers and violence prevention staff who want to help boys become caring and successful members of our community. Although it is not required to attend both, evening session will complement the six-hour training scheduled during the day. The cost for the evening session is \$6.

To register, please email Gladly Paulino at GladlyP@nadv.org for a registration form. Registration forms must be received no later than 5:00pm on Wednesday, September 28, 2011.

Collaboration on the North Shore

**If you want to go faster, go alone. If you want to go further, go together
—African Proverb**

Collaboration is **key** to a nonprofits success in a small community such as ours. Local nonprofits are quite good at finding partner organizations to maximize resources in order to provide quality services to the community and in their fundraising efforts.

Recently, Tahoe SAFE Alliance and the North Tahoe Family Resource Center have taken their collaborative efforts together to a new level. On August 1st, Tahoe SAFE Alliance moved its Kings Beach office to the North Tahoe Family Resource Center. Both organizations will operate out of one building to provide a “one-stop shop” for community members. We have named the building the “Community House”. The idea is to locate a variety of services at one place for community members to access instead of going to several places. It’s not just about sharing space, but also working together more closely to provide comprehensive services.

In addition to the Kings Beach collaboration, Tahoe SAFE Alliance and North Tahoe Family Resource Center have expanded to a new location in Tahoe City at the Rideout Community Center. Both organizations would like to make sure their services are easier to get to for residents of the West Shore and Tahoe City.

North Tahoe Family Resource Center, but they are also partnering with the Tahoe Rim Trail Association (TRTA). This summer, the Prevention and Children’s Programs at Tahoe SAFE Alliance joined with the TRTA to provide an outdoor awareness course. Children that receive services from Tahoe SAFE Alliance met weekly at trailheads on the Tahoe Rim Trail, each week learning outdoor awareness, safety and appreciation, and also something about themselves. The goal was to relate the wonders and beauty of nature and animal-life to each individual participating in the group. The Tahoe SAFE Alliance Prevention Program also collaborated with Tahoe Family Solutions over the summer at their Camp Explore. The Prevention Team spent four days providing 12 energetic, interactive and educational sessions to the campers on the topics of Internet Safety and Bullying.

We believe not just in collaborating with our services to families but also in our fundraising efforts. Please join us in supporting the Tahoe City Rotary’s 29th Annual Dinner and Auction at the Resort at Squaw Creek on October 15th. For tickets call 530-546-7231. Rotary has chosen Tahoe SAFE Alliance and the North Tahoe Resource Center to be their Signature Beneficiary. This funding will help both of our organizations provide services to families in Tahoe City and the West Shore.

—By Jessica Linn,
Children’s Program Manager



Tahoe Safe Alliance
Stopping Abuse for EVERYONE

March-August 2011

On behalf of our Board of Directors and staff, Tahoe SAFE Alliance gives a very heartfelt thank you to all of our donors who have given above and beyond this year. Your financial contributions have allowed us to maintain our programs and services that are vital to the community. Together we are working to foster SAFE families, communities and relationships. Thank you!

\$10,000 and Up
Cecchi Family Fund held at Parasol Tahoe Community Fdn
Hallador Legacy Fund held at Parasol Tahoe Community Fdn
Rubicon Collection
Steve & Lovisa Rubin
Tahoe Truckee Community Foundation

\$5,000 to \$9,999
Fireside Pizza Co.
North Tahoe Cruises
Smith & Jones and Sierra Web Deign
Duane Morris, LLC

\$1,000 to \$4,999
Beth Weber Kings Beach Art & Craft Show
Bryan & Vinita Busse
Todd & Grace Davidson
Margaret Eadington
Ernie Ellison
Mark & Dana Kirkland
The Perfect Workout
Thomas & Logan Lahey
Robert Lober & Elise Fett
Dean & Madylon Meiling
Jim & Tanya Miller
Keith & Kristin O'Donnell
Chris & Patricia Plastiras
Chuck & Karen Sage
Tahoe City Rotary Foundation
Karl & Carol Will

\$500 to \$999
James Backhus
David Colarchik
Dead Sea Warehouse, Inc.
Stuart & Debra Fishman
Leslie Hamner
Jim & Caroline Kaplan
Kiwani's Club of North Lake Tahoe
Martis Camp
Maui Jim's
John & Wendy Mueller
Joff & Margo Redfern
Optimist Club of Truckee
Bryan & Janet Raydon
Sunnyside Resorts, Inc.
Sunset Limousine Services, LLC
Tahoe Medial Spa

\$100 to \$499
Pam Aaron
Aloha Skin Spa
Bill & Diane Austin
Karen Barney
Berryman Family Charitable Fund held at Tahoe Truckee Community Fdn
Lynda English-Bervid
Boatworks Mall Merchants
Marie L. Borges
Judith Buckingham
James & Cindy Burau
Karen S. Carey
Castle Peak Vacation Rentals
Richard & Lesley Chapman
Evelyn Chipman
Clearwater Day Spa
Clear Capital
Construction & General Laborers Local Union 185
David & Cynthia Coverdale
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Annie Cunningham
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Michael & Sharon Dixon
Sean Farnan
Nicole Gangloff
Nancy & Rodney Gillespie

\$25 to \$99
Gina Barta
Nancy Bervid
Terrance & Carol Clapham
Karen Colbert
Ingrid Eccles
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Barbara Green
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Brenda K. Wells